

St David's Nursing Home

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 /StDavidsNH



"Living well every day"

St. David's Autumn Newsletter for Family and Friends



As the leaves begin to turn and the crisp autumn air settles in, this newsletter reflects on the wonderful summer we had here at St. David's Nursing Home. Residents and staff made the most of every day, especially those with a hint of sunshine. Our facebook page is the best place to see details of the weekly planned events. This newsletter also provides an update on the construction projects that are taking place.

July 4th Celebrations

Over the past year, St. David's has been holding lunches showcasing the cuisine from different countries. In that spirit, residents decided that there should be a 4th of July celebration lunch featuring American classics. It was red, white and blue wherever you looked - a balloon arch, stars and stripes banners, red, white and blue ribbons and even the flowers matched the theme. After a brilliant BBQ, residents and their guests started on the quiz while sipping on milkshakes. There were two 20 question quizzes; one based on major U.S. sights and the other on famous personalities.



Manager – Linda Cooke RGN

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Our Summer Fete

This year's summer fete was very busy. It was a delight to see so many family members and friends of all ages join us. The weather held, so we were able to use all the gardens for a variety of activities ranging from fishing for ducks to playing football. People gathered under the umbrellas and marquees to enjoy the wonderful BBQ, refreshing salads, delicious desserts and stunning strawberries with cream. Thank you to everyone who helped us raise close to £600.00 for the Residents' Amenities Fund.



Behind the Scenes: All those gorgeous raffle baskets, ticketing of the tombola prizes, and designing the menu reflect residents' enthusiasm in organising the fete.



Enjoying a North Norfolk Summer

North Norfolk in the summer is wonderful and we try to ensure that residents do get out to enjoy it. It could be a walk to check on the progress of the strawberries, coffee and pastries with friends on the patio. The seaside outing was another favourite, with everyone enjoying the fresh sea breeze and a delicious meal of fish and chips by the shore.



Arts and Crafts Flourish

The creativity of residents can be seen all over St. David's. These flower arrangements were displayed in the reception area, the dining room and of course in residents' rooms.



Project Updates

More ensuites

As anybody who visits St Davids will know the new build is underway: we are converting 3 rooms on the first floor into two rooms with a ensuite wet rooms and converting the old dining room on the ground floor into a bedroom with ensuite and French doors onto the back garden: Before this is able to happen, we have had to remove our chimneys and prepare two new rooms downstairs, one of which will be temporary and the other permanent. The chimneys are now down, and the roof will be permanently sealed. The residents in two of the three first floor rooms will be relocated to the new permanent room on the ground floor and the converted matron's office. Matron and her deputy have been evacuated to the attics!!!!

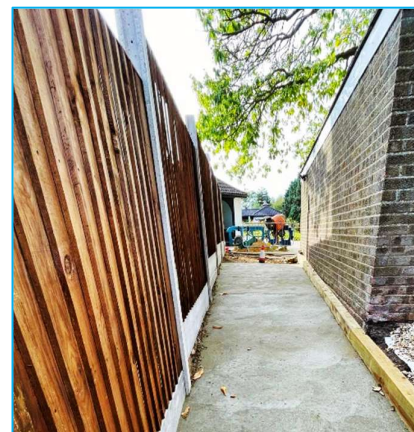


Now that the chimneys are removed, we will also be installing more solar panels on the roofs facing the main garden.

Improved Access to St. David's

A gate has been put into the wall in front of St Davids off the main road, from which a path is being made to enter the premises directly from the road, this will mean that there will be access to St Davids on a smooth surface for pedestrians and wheelchairs making it easy to negotiate. This also will help with the congested parking situation at St Davids as you will be able to park on the roadside and have easy safe access.

Developing this new path was based on a suggestion we received in the family and friends survey.



Family and Friends Survey

Please return these surveys as soon as you can. As you can see we do act on your feedback! It's important to us.

Best wishes

Linda Cooke, Matron, RGN